

## STARTERS

<b>Onion Bhajee</b> (v)	<b>£3.35</b>
<b>Special Mixed Kebab</b> (fried onions & spices)	<b>£4.60</b>
<b>Samosa</b> (coconut or vegetable) (n)(v)	<b>£3.05</b>
<b>Samosa Meat</b>	<b>£3.15</b>
<b>Chicken or Lamb Tikka</b>	<b>£3.35</b>
<b>Tandoori Chicken (Quarter)</b>	<b>£3.35</b>
<b>Spinach Dumpling</b> (d)	<b>£3.05</b>
<i>Cooked in sauce with cheese and cream</i>	
<b>Sheek or Shamee Kebab</b>	<b>£3.35</b>
<b>Fish or Chicken Chaat</b>	<b>£3.35</b>
<i>(cooked in tangy sauce with tomato and cucumber)</i>	
<b>Aloo Chaat</b> (v)	<b>£3.05</b>
<i>(potato cooked in tangy sauce with tomato &amp; cucumber)</i>	
<b>Softshell Crab</b>	<b>£4.95</b>
<i>Blue water crab stir fried in batter with lots of fresh garlic spring onions and chilli pepper hot</i>	
<b>Mughal Lamb Chop</b>	<b>£3.35</b>
<b>Prawn Puree</b> (v)	<b>£3.60</b>
<b>Mach Bhajee</b> (fish) Boneless fish lightly spiced in onions	<b>£3.60</b>
<b>Garlic Mushrooms</b> (v)	<b>£3.05</b>
<b>Babori Mix for 2</b>	<b>£6.00</b>
<i>(consists of breaded prawns, samosa &amp; onion bhajee)</i>	
<b>Chott Patty</b> (chick peas, egg & potatoes, highly spiced) (v)	<b>£3.05</b>
<b>King Prawn Butterfly</b>	<b>£4.35</b>
<b>King Prawn Puree</b> (v)	<b>£4.60</b>
<b>Char Grilled Chicken</b>	<b>£3.35</b>
<i>(marinated in lightly spiced with garlic and cheese)</i>	
<b>Tiger Prawns</b>	<b>£4.35</b>
<i>(stir fried with garlic chilli pepper spring onions &amp; curry leaf)</i>	
<b>Batak Tikka</b>	<b>£3.75</b>
<i>Pieces of duck off the bone marinated in a delicate spices</i>	
<b>Salmon Tikka</b>	<b>£4.35</b>
<b>Aubergine Steak</b> (n)(v)	<b>£3.05</b>

## TANDOORI DISHES

ALL TANDOORI DISHES CONTAIN DAIRY

PRODUCTS AND MARINATED WITH HERBS AND SPICES, GRILLED IN A TANDOORI CLAY OVEN, LOW IN CALORIES

<b>Tandoori Chicken (half of chicken)</b>	<b>£6.95</b>
<b>Chicken or Lamb Tikka</b>	<b>£7.20</b>
<b>Tandoori King Prawns</b>	<b>£9.90</b>
<b>Chicken or Lamb Shashlik</b>	<b>£7.70</b>
<b>King Prawn Badsha</b>	<b>£10.85</b>
<i>(Specially grilled, served with vegetables)</i>	
<b>Tandoori Mixed Grill</b>	<b>£9.85</b>
<b>Mughal Lamb Chop</b>	<b>£7.20</b>
<b>Paneer Tikka Shashlick</b> (v)	<b>£7.70</b>
<b>Batak Tikka</b>	<b>£7.50</b>
<i>Pieces of duck off the bone marinated in a delicate spices</i>	
<b>Salmon Tikka</b>	<b>£9.90</b>
<b>Chef's Special Mixed Tandoori</b>	<b>£10.35</b>
<i>(served with deep fried Batera Nan)</i>	

## DELUXE DISHES

<b>Lamb Shank (Nihari)</b>	<b>£10.95</b>
<i>Medium spiced slow cooked lamb shank on the bone cooked until it will melt on the first bite. Served on bed of mashed potato</i>	
<b>Salmon Tikka Jallfraizi</b>	<b>£11.95</b>
<i>Fairly hot Specially marinated salmon cooked with the finest spices cooked fresh chillis and corianders</i>	
<b>Lapapda Chicken/Lamb mild-medium</b>	<b>£9.95</b>
<i>Cooked in a creamy rich sauce with touch of honey</i>	

## CHEF'S

## RECOMMENDATIONS

<b>Chicken or Lamb Tikka Masala</b> (n) (d)	<b>£7.90</b>
<i>(mild)</i>	
<b>Chicken or Lamb Pasanda</b> (n)(d)	<b>£7.90</b>
<i>(mild, cooked in cream)</i>	
<b>Chicken or Lamb Khorai</b> (v)	<b>£7.90</b>
<i>(highly flavoured)</i>	
<b>Chicken Jallfraizi</b> (v)	<b>£7.90</b>
<i>(extremely spicy with green chilli)</i>	
<b>Chicken or Lamb Jaipuri</b> (v)	<b>£7.90</b>
<i>(cooked with mushrooms, well spiced, topped with omelette)</i>	
<b>Chicken Rezala</b> (v)	<b>£7.90</b>
<i>(delicate strips of chicken cooked with mincemeat, highly flavoured)</i>	
<b>Garlic Chilli Chicken</b> (v)	<b>£7.90</b>
<i>(cooked in a very special garlic &amp; coriander sauce)</i>	
<b>Chicken or Lamb Sagwala</b> (v)	<b>£7.90</b>
<i>(tender pieces or marinated chicken or lamb, cooked with spinach)</i>	
<b>Chicken or Lamb Sali</b> (v)	<b>£7.90</b>
<i>(well spiced, garnished with very thin fries)</i>	
<b>Tandoori Chicken or Lamb Chop</b>	<b>£7.90</b>
<b>Moricha</b> (v)	<b>£7.90</b>
<i>(highly spiced, fresh green chilli and coriander)</i>	
<b>Tandoori King Prawn Moricha</b> (v)(n)	<b>£10.75</b>
<i>(highly spiced, with fresh green chilli &amp; coriander)</i>	
<b>Tandoori King Prawn Masala</b> (mild) (n)(d)	<b>£10.75</b>
<b>Nazakat Chicken/Lamb</b> (n)(d)	<b>£7.90</b>
<i>Mild-medium hot sauce. Cooked in special sauce made from fresh cream &amp; peanut with cashew nuts</i>	

## TRADITIONAL CURRIES

CHOICE OF CHICKEN, LAMB, PRAWN & KING PRAWN DISHES. 100% CHICKEN BREAST AT NO EXTRA COST - KING PRAWN £2.75 EXTRA

<b>Korma</b> (very mild, coconut, almond, fresh cream) (n)(d)	<b>£6.60</b>
<b>Rogan</b> (extra tomatoes) (v)	<b>£6.60</b>
<b>Bhoona</b> (well spiced) (v)	<b>£6.60</b>
<b>Dhonia</b> (extra coriander) (v)	<b>£6.60</b>
<b>Sag</b> (with spinach) (v)	<b>£6.60</b>
<b>Dupiaza</b> (with extra onions) (v)	<b>£6.60</b>
<b>Madras</b> (v)	<b>£6.60</b>
<b>Pathia</b> (sweet & sour taste) (v)	<b>£6.60</b>
<b>Dansak</b> (sweet & sour with lentils) (v)	<b>£6.60</b>
<b>Ceylon</b> (with coconut) (v)(n)	<b>£6.60</b>
<b>Vindaloo</b> (v)	<b>£6.60</b>
<b>Malaya</b> (with pineapple) (mild to medium)	<b>£6.60</b>

<b>King Prawn Delight mild</b>	<b>£11.95</b>
<i>Whole king prawns Very smooth taste cooked with coconut powder with full of fragrance and taste</i>	
<b>Chicken Dilse mild-medium</b>	<b>£9.95</b>
<i>Whole supreme grilled breast of chicken marinated Cooked in a subtle rich sauce with cheese</i>	
<b>Mango Chicken</b> (d)	<b>£7.90</b>
<i>(char grilled chicken very mild cooked in special sauce made of mango pulp)</i>	

## ALAMIN'S SPECIALITIES

<b>Chicken or Lamb Somsom</b> (v)	<b>£7.90</b>
<i>(cooked in a very tomatoes based sauce with garlic &amp; ginger)</i>	
<b>Masala Chicken Special</b> (v)	<b>£7.90</b>
<i>(cooked in garlic, ginger, turmeric, garam masala &amp; lots of tomatoes and garnished with dry red chillies - a very mouth-watering dish)</i>	
<b>Machlee Bartha</b> (v)	<b>£8.85</b>
<i>(traditional fish cooked with lots of tomatoes)</i>	
<b>Chicken Dilkush</b> (mild) (n)(d)	<b>£7.90</b>
<i>(succulent pieces of chicken cooked with saffron rose water spices, finished with cashew nuts &amp; coconut cream)</i>	
<b>Murgh Hariyal</b> (v)	<b>£7.90</b>
<i>(medium hot, tender pieces of chicken or lamb cooked with various spices, fresh mint and coriander leaves)</i>	
<b>Noorjahani (Chicken or Lamb)</b> (v)	<b>£7.90</b>
<i>(tangy taste cooked with tamarind, pepper, onions &amp; fresh tomatoes)</i>	
<b>Bengal Fish Jallfrezi</b> (v)	<b>£8.85</b>
<i>(traditional fish cooked with lots of fresh chillies, garlic &amp; onions)</i>	
<b>Goan Chicken or Lamb</b> (v)	<b>£7.90</b>
<i>(cooked with green chilli, spring onions &amp; garnished with ginger)</i>	
<b>Green Masala (Chicken or Lamb)</b> (v)	<b>£7.90</b>
<i>(tender diced marinated chicken or lamb cooked in a selection of green herbs - mint, spinach, coriander, crushed garlic &amp; ginger)</i>	
<b>Shathkora (Chicken or Lamb Chop)</b> (v)	<b>£7.90</b>
<i>(highly flavoured dish consisting of popular Bengali citrus type fruit, strong in taste)</i>	
<b>Garlic King Prawn Special</b> (v)	<b>£10.75</b>
<i>(cooked with lots of garlic, tomatoes, green chillies &amp; coriander)</i>	
<b>Naganzi Chicken or Lamb</b> (v)	<b>£7.90</b>
<i>(tender pieces of lamb or chicken cooked with special naga chilli pickle and exotic spices with spicy texture extremely flavoured)</i>	

## VEGETARIAN MAIN COURSES

<b>Brinjal Bhartha</b> (v)	<b>£5.45</b>
<i>(cooked in garlic, green chilli, coriander seeds &amp; lemon juice)</i>	
<b>Mixed Vegetable Korma</b> (mild) (v)(n)	<b>£5.15</b>
<b>Mixed Vegetable Khorai</b> (v)	<b>£5.45</b>
<b>Mixed Vegetable Dhonia</b> (v)	<b>£5.15</b>
<i>(extra coriander)</i>	
<b>Mixed Vegetable Rogan</b> (v)	<b>£5.15</b>
<i>(extra tomatoes)</i>	
<b>Mixed Vegetable Masala</b> (v)(n)	<b>£5.45</b>
<i>(mild &amp; creamy)</i>	
<b>Mixed Vegetable Dhansak</b> (v)	<b>£5.15</b>
<i>(hot, sweet &amp; sour with lentils)</i>	
<b>Mixed Vegetable Jallfraizi</b> (v)	<b>£5.45</b>
<i>(extremely spicy with green chilli)</i>	
<b>Brinjal &amp; Aloo Peas Special</b> (v)	<b>£5.45</b>
<i>(aubergine, potato &amp; peas cooked in fennel seeds, coriander seeds &amp; fresh root ginger)</i>	

(d) = Suitable for dairy products  
(v) = Suitable for vegetarians  
(n) = Contains nuts or nut products  
Medium Hot Fairly Hot Very Hot!

## BIRIANY DISHES (n)

SPECIAL BASMATI RICE COOKED WITH SAFFRON AND SPICES, GARNISHED WITH FRESH TOMATOES AND CUCUMBER, SERVED WITH VEGETABLE CURRY

<b>Chicken or Lamb Biryani</b> (n)	<b>£8.80</b>
<b>Prawn Biryani</b> (n)	<b>£8.80</b>
<b>King Prawn Biryani</b> (n)	<b>£12.25</b>
<b>Fish Biryani</b> (traditional fish) (n)	<b>£10.00</b>
<b>Chef's Special Biryani</b> (with omelette) (n)	<b>£9.80</b>
<i>Consists of Chicken, lamb and prawn</i>	
<b>Chicken or Lamb Tikka Biryani</b> (n)	<b>£10.55</b>
<b>Vegetable or Mushroom Biryani</b> (v)(n)	<b>£7.70</b>
<b>Tandoori King Prawn Biryani</b> (n)	<b>£13.00</b>

## BALTI DISHES

THESE DISHES ARE HIGHLY SPICED, USUALLY MEDIUM HOT, CAN ALSO BE ALTERED TO SUIT YOUR STRENGTH, COOKED WITH FRESH TOMATOES, GREEN PEPPERS, CORIANDER & ONIONS, SERVED WITH NAN BREAD

<b>Balti Chicken or Lamb</b> (v)	<b>£8.60</b>
<b>Balti Prawn</b> (v)	<b>£8.60</b>
<b>Balti King Prawn</b> (v)	<b>£10.60</b>
<b>Tandoori King Prawn Balti</b> (v)	<b>£11.80</b>
<b>Fish Balti</b> (off the bone) (v)	<b>£9.80</b>
<b>Chicken or Lamb Tikka Balti</b> (v)	<b>£9.90</b>
<b>Special Mix Balti</b> (v)	<b>£9.60</b>
<i>Consist of lamb, chicken and prawn</i>	
<b>Vegetable or Mushroom Balti</b> (v)	<b>£7.60</b>

## VEGETABLE SIDE DISHES

<b>Mixed Vegetable Curry</b> (v)	<b>£3.40</b>
<b>Mixed Vegetable Bhajee</b> (dry) (v)	<b>£3.40</b>
<b>Mushroom Bhajee</b> (v)	<b>£3.20</b>
<b>Sag Bhajee</b> (spinach) (v)	<b>£3.20</b>
<b>Bombay Potato</b> (v)	<b>£3.20</b>
<b>Bhindi Bhajee</b> (okra) (v)	<b>£3.20</b>
<b>Aloo Gobi</b> (potato and cauliflower) (v)	<b>£3.30</b>
<b>Sag Aloo</b> (potato and spinach) (v)	<b>£3.30</b>
<b>Chana Masala</b> (chick peas) (v)	<b>£3.20</b>
<b>Sag Meloni</b> (v)	<b>£3.30</b>
<i>(spinach leaves and spring onions cooked in butter and spices)</i>	
<b>Sag Paneer</b> (spinach and cottage cheese)	<b>£3.30</b>
<b>Motar Paneer</b> (peas and cottage cheese)	<b>£3.30</b>
<b>Tarka Dhall</b> (spicy lentils and garlic) (v)	<b>£3.20</b>
<b>Brinjal Bhajee</b> (aubergine) (v)	<b>£3.20</b>
<b>Aloo Chana</b> (potatoes and chick peas) (v)	<b>£3.30</b>
<b>Mixed Raita</b>	<b>£1.85</b>
<i>(mildly spiced yoghurt with onions &amp; cucumber)</i>	
<b>Green Salad</b> (v)	<b>£2.45</b>

## RICE AND BREAD

<b>Boiled Rice</b>	<b>£2.30</b>
<b>Pilau Rice</b> <i>(cooked with butter with saffron &amp; green peas)</i>	<b>£2.50</b>
<b>Garlic Fried Rice</b> (v)(n)	<b>£2.85</b>
<b>Peshwari Fried Rice</b> (n)(v) <i>(with coconut &amp; raisins)</i>	<b>£2.85</b>
<b>Special Fried Rice</b> (n)	<b>£2.85</b>
<b>Keema Fried Rice (minced lamb)</b> (n)	<b>£2.85</b>
<b>Mushroom Fried Rice</b> (v)(n)	<b>£2.85</b>
<b>Vegetable Fried Rice</b> (v)(n)	<b>£2.85</b>
<b>Lemon Chilli Rice</b>	<b>£2.85</b>
<b>Onion Rice</b>	<b>£2.85</b>
<b>Nan</b> <i>(doughy bread, baked in clay oven)</i>	<b>£2.30</b>
<b>Peshwari Nan</b> (n) <i>(stuffed with nuts, coconuts, raisins &amp; almonds)</i>	<b>£2.50</b>
<b>Garlic Nan</b>	<b>£2.50</b>
<b>Cheese Nan</b>	<b>£2.50</b>
<b>Keema Nan</b> <i>(stuffed with minced lamb)</i>	<b>£2.50</b>
<b>Kulcha Nan</b> <i>(stuffed with vegetables)</i> (v)	<b>£2.50</b>
<b>Chilli &amp; Coriander Nan</b>	<b>£2.50</b>
<b>Poratha</b> <i>(buttered bread)</i>	<b>£2.30</b>
<b>Aloo Poratha</b> <i>(stuffed with potatoes)</i> (v)	<b>£2.50</b>
<b>Stuffed Poratha</b> <i>(stuffed with vegetables)</i> (v)	<b>£2.50</b>
<b>Tandoori Roti</b> <i>(bread baked in clay oven)</i>	<b>£2.00</b>
<b>Chapati</b> <i>(thin, unleavened bread)</i>	<b>£1.40</b>
<b>Plain or Spiced Papadum</b>	<b>£0.60/ £0.65</b>
<b>Chutneys and Pickles</b> <i>(per head)</i>	<b>£0.95</b>

## ENGLISH DISHES

ALL DISHES ARE SERVED WITH CHIPS,  
PEAS AND TOMATOES

<b>Steak</b>	<b>£8.50</b>
<b>Fried Chicken</b>	<b>£6.95</b>
<b>Plain Omelette</b>	<b>£6.30</b>
<b>Chicken Omelette</b>	<b>£6.95</b>
<b>Mushroom Omelette</b>	<b>£6.95</b>
<b>Chicken Nuggets</b>	<b>£7.15</b>
<b>Fried Mushrooms</b>	<b>£2.90</b>
<b>Chips</b>	<b>£2.35</b>

*(please note: these dishes may not be  
cooked to traditional tastes)*

## SET MEALS

### Non Vegetarian Thali (For One Person) (d) **£16.50**

Selection of Tandoori Chicken, Sheek Kebab,  
Chicken Tikka,  
Lamb Chop, Pasanda Chicken, (n)  
Mixed Raita, Pilau Rice and Nan Bread.

### Vegetarian Thali (For One Person) (v)(d) **£13.50**

Selection of Vegetable Bhajee, Sag Bhajee,  
Tarka Dhall, Chana Masala, Mixed Raita, Pilau  
Rice and Nan Bread.

### Set Meal (For Two Persons) (n)(d) **£31.95**

Papadums & Chutneys  
Starters: Meat Samosas and Chicken Tikka  
Main Course: Khorai Chicken and Lamb Korma  
(n)  
Side Dish: Mixed Vegetable Bhajee,  
Special Fried Rice & 1 Nan Bread

## Healthier Set Menu for 2

**Starter: Chicken Tikka and Tiger Prawns**  
**Main: Lamb Chop And Char Grilled Chicken**  
**Cauliflower and Mushroom**  
**Rice and 2 chapati**  
**£31.95**

## Special Banqueting Night

**EVERY MONDAY ~ Only £9.95**

**Any Starter, Any Main Course,**  
**Any Veg. Side Dish (to share),**

**Any Rice or Nan**

*(king prawn £3 extra, Alamin Specialities £1.50 extra)*  
**Dining In Only**



**OPEN 7 DAYS A WEEK INCLUDING ALL HOLIDAYS**

**Mon-Thurs: 6pm to 11.30pm - Friday 6pm to midnight**

**Saturday lunch 12 noon to 2 pm**

**Evening 6pm to midnight - Friday 6pm to midnight**

**Sunday lunch 12 noon to 2 pm - Evenings 6 pm to 11pm**

**Allergy awareness:** *If you have any dietary restrictions, eg. Nuts, dairy products, etc. please inform us.*

ALL PRICES INCLUDE VAT.

Cheques not accepted.

No discount is available on Set Meals, Special Offers  
or orders under £10.00.

*Thanking you for your valued custom*



# Menu

*Alamin Tandoori is very proud to announce its  
commitment to healthier eating. We have  
reduced the fat content in all our dishes.*

**Tel: (01234) 33 00 66 / 26 69 99**

51/51a Tavistock Street, Bedford MK40 2RF

**[www.alaminrestaurant.co.uk](http://www.alaminrestaurant.co.uk)**

